

## Delta Dental of Iowa Enhanced Benefits Program

Oral health meets overall health.

Your dental plan includes Delta Dental of Iowa's Enhanced Benefits Program that links medical conditions and dental benefits. This benefit offers additional oral health services to subscribers with the following conditions:

- **Pregnancy** – Scientific evidence suggests that there may be an association between women with periodontal (gum) disease and low birth weight in premature babies. With the Enhanced Benefits Program, Delta Dental covers one additional cleaning during pregnancy.
- **Diabetes** – When diabetes is poorly controlled, diabetic patients who receive more professional teeth cleanings may have better controlled glucose levels. With the Enhanced Benefits Program, Delta Dental covers up to four cleanings per benefit year.
- **Periodontal (Gum) Disease** – This condition may lead to tooth loss and tooth replacement costs that are much greater than preventative measures such as additional cleanings. With the Enhanced Benefits Program, Delta Dental covers up to four cleanings per benefit year and a fluoride application with no age limitation if group coverage includes a fluoride benefit.
- **High-Risk Cardiac Conditions** – A recent guideline released by the American Heart Association indicates that the presence of dental disease may increase the level of bacteria in the bloodstream and predispose at-risk patients to acquiring infective endocarditis or producing adverse outcomes associated with the disease. With the Enhanced Benefits Program, Delta Dental covers up to four cleanings per benefit year.
- **Suppressed Immune Systems** – With extra cleanings, patients that are HIV positive or have organ failure may reduce the build up of bacteria in the mouth that may enter the bloodstream, create infection and further compromise their health. With the Enhanced Benefits Program, Delta Dental covers up to four cleanings per benefit year and a fluoride application with no age limitation if group coverage includes a fluoride benefit.
- **Kidney Failure or Dialysis** – Dental infections increase the risk of systemic infection and may be harmful to general kidney functions in people with kidney disease. With the Enhanced Benefits Program, Delta Dental covers up to four cleanings per benefit year.
- **Cancer, Chemotherapy and/or Radiation** – These therapies may increase the risk for gum infection and cavities because of weakened immune systems. With the Enhanced Benefits Program, Delta Dental covers up to four cleanings per benefit year and a fluoride application with no age limitation if group coverage includes a fluoride benefit.

### How to Sign Up for the Enhanced Benefits Program

If you have any of the above conditions you can enroll in the Enhanced Benefits Program by doing one of the following:

1. Login to the Subscriber Connection at [www.deltadentalia.com](http://www.deltadentalia.com) and select Enhanced Benefits History from the left navigation.
2. Ask your dentist to notify Delta Dental of your condition(s).
3. Call Delta Dental's Customer Service at 1-800-544-0718, Monday – Friday, 7:30 a.m. – 5:00 p.m.

For more information on the connection between medical conditions and dental benefits, go to [www.deltadentalia.com/subscriber](http://www.deltadentalia.com/subscriber) and click on Oral Health.